

Mulan Performing Arts Academy 2026 Term2 Schedule

MON	TRS	WEN	THU	FRI	SAT	SUN
Open Studio (Self-Directed) Before 9am, Booking required						
Chinese folk dance (Adult) 9:30am-11:00am	Yoga / Flow Yoga (Adult) 10:00am-11:30am	Chinese classical dance (Adult) 10:30am-12:30pm		Chinese Classical Dance - YUN (Adult) 10:00am-11:30am		
		performance class(+30min)				
Old Friends Hub- for seniors 11:30am-2:30pm						
					Sword Dance Beginner (Adult) 130-3:00	
Magic Dance (4-5) 4:00-5:00						Teens Dance (11+) 3:30pm-5:30pm
Junior Dance (6-8) 5:30pm-7:30pm					Tumbling & Technique 5:00pm-7:00pm	Chinese classical dance beginner (Adult) 5:45pm-7:45pm
				Ballroom dancing (Adult) 7:00pm-9:00pm	Private lessons	

Update 20 March 2026.

木兰舞韵武身表演艺术学院 2026 Term2 课表

周一	周二	周三	周四	周五	周六	周日
开放练习时段在9am前 (自主练习无老师指导, 需提前预约)						
中国民族舞 (成人) 10:00am-11:30am	瑜伽&八段锦瑜伽 (成人) 10:00am-11:30am	中国古典舞 (成人) 10:30am-12:30pm		中国古典舞身韵 (成人) 10:00am-11:30am		
		表演班 (+30min)				
老友汇- 老年活动 11:30am-2:30pm						
					剑舞初学者 (成人) 1:30pm-3:00pm	
幼儿魔法舞蹈 (4-5) 4:00-5:00						青少年舞蹈班 (11+) 3:30pm-5:30pm
少儿舞蹈小班(6-8) 5:30pm-7:30pm					翻腾和技术技巧课 5:00pm-7:00pm	中国古典舞初学者 (成人) 5:45am-7:45pm
				舞厅舞 (成人) 7:00pm-9:00pm	私教课	