

JH Mulan Performing Arts Academy 2026 Term 3 Schedule

MON	TRS	WEN	THU	FRI	SAT	SUN
	Yoga / Flow Yoga (Adult) 10:00am-11:15am	Stretching, basic routines(Adult) 10:30-11:00				
		Chinese classical dance Intermediate (Adult) 11:00am-12:30pm	Chinese folk dance (Adult) 11:00am-12:30am			Sword Dance Beginner (Adult) 10:15am-12:15pm
						Private lesson 1:30-3:00pm
						Chinese classical dance beginner (Adult) 4:10pm-5:40pm
Junior Dance (5-7) 4:00-5:30pm					Tumbling & Technique (Boys & girls) 5:00pm-7:00pm	Stretching, basic routines(Adult) 5:45-6:15
					Chinese Dance (Boys & girls) 7:00pm-7:30:pm	Chinese classical dance beginner (Adult) 6:15pm-7:45pm

Address:3/27 Beaumaris Parade Highett 3190, WeChat ID: Mulan-Dance Phone number: 0451301233

7th July 2026.

木兰舞韵武身表演艺术学院 2026 Term 3 课表

周一	周二	周三	周四	周五	周六	周日
	瑜伽&八段锦瑜伽 (成人) 10:00am-11:15am	基础拉伸、舞蹈科学系列组合 (成人) 10:30-11:00				
		中国古典舞中级 (成人表演班) 11:00am-12:30pm	中国民族舞 (成人) 11:00am-12:30am			剑舞初学者 (成人) 10:15am-12:15pm
						私教课. 1:30pm-3:00pm
						中国古典舞初学者 (成人表演班) 4:10pm-5:40pm
少儿舞蹈小班(5-7) 4:00pm-5:30pm					翻腾和技术技巧课. 男孩&女孩 5:00pm-7:00:pm	热身拉伸、舞蹈科学系列组合 (成人) 5:45pm-6:15pm
					中国舞舞蹈课 男孩&女孩 7:00pm-7:30:pm	中国古典舞初学者 (成人身韵) 6:15pm-7:45pm